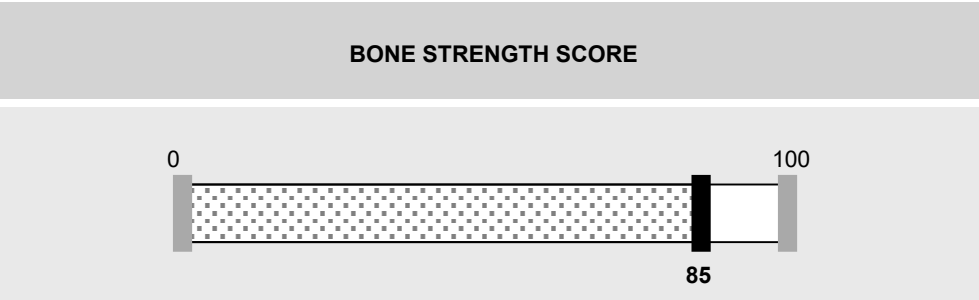
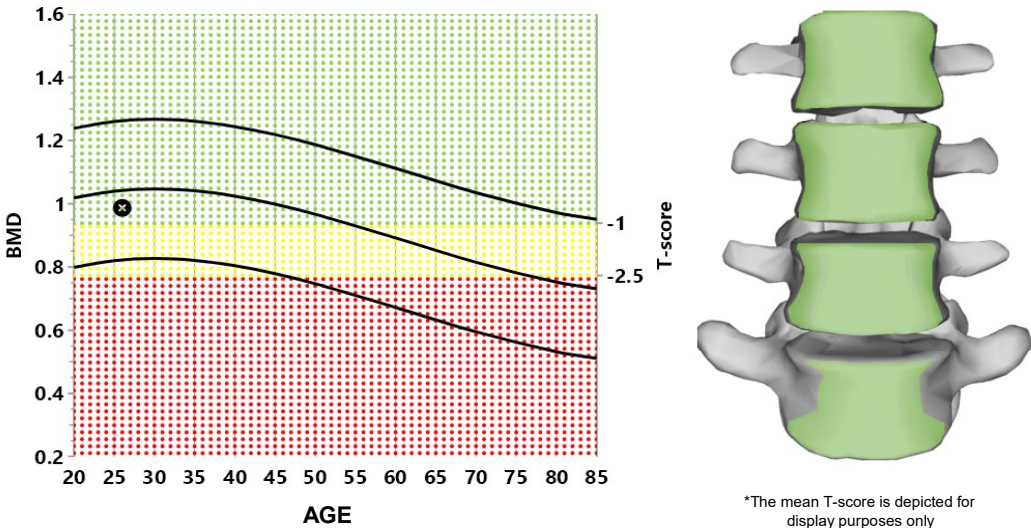




Exam date: 04/24/2025
Last Name: TEST First Name: TEST
Date of Birth: 07/06/1998 Age: 26 y Gender: F
Weight: 47 kg H: 156 cm

Site	Bone parameters	WHO classification
SPINE	<i>BMD (g/cm²):</i> 0.987 <i>T-score:</i> -0.6 <i>Z-score:</i> -0.5	Normal



NOTES / DIAGNOSTIC RESULT

Diagnostic Results may be provided only by a licensed healthcare professional in accordance with applicable law.



ECHOLIGHT DIAGNOSTIC CENTER

Lecce

Exam date: 04/24/2025

Last Name: TEST First Name: TEST

Date of Birth: 07/06/1998 Age: 26 y Gender: F

Weight: 47 kg H: 156 cm

Weight: 47.0 kg	Fat Mass: 9.1 kg	
	Fat-Free Mass: 37.9 kg	Body Water: 26.2 kg
		Proteins & Minerals: 11.8 kg

Weight Analysis

		Standard Values			
Weight (kg)	47.0	LOW	STANDARD	HIGH	45.0 - 60.6
Fat Mass (kg)	9.1	LOW	STANDARD	HIGH	13.3 - 16.6
Fat-Free Mass (kg)	37.9	LOW	STANDARD	HIGH	30.4 - 33.7

Obesity Analysis

		Standard Values			
BMI (kg/m ²)	19.3	LOW	STANDARD	HIGH	18.5 - 24.9
Body Fat (%)	19.3	LOW	STANDARD	HIGH	28.3 - 35.3
Visceral Fat Level	0.9	STANDARD	HIGH	VERY HIGH	STANDARD < 10 10 < HIGH < 13
Water Ratio (%)	55.7	LOW	STANDARD	HIGH	40.4 - 71.0

Body Type Analysis

Body Mass Index	Athletic ☐	Over weight muscular ☐	Obese ☐
	Low fat muscular ☒	Standard ☐	Over fat ☐
	Low fat low weight ☐	Low weight ☐	Thin fat ☐
Body Fat			

Estimated Biological Age 20y

The Estimated Biological Age* is a rough estimation of the subject biological age, which is derived from the comparison of the reported body composition values with the corresponding typical values observed in the general population.

*Estimated Biological Age is thought for the motivation of the subject



ECHOLIGHT DIAGNOSTIC CENTER

Lecce

Exam date: 04/24/2025
Last Name: TEST First Name: TEST
Date of Birth: 07/06/1998 Age: 26 y Gender: F
Weight: 47 kg H: 156 cm

Activity Analysis

Basal Metabolism **1217.5 kcal/day**

Activity Metabolism **Sedentary**

Moderately active

Very active

(little or no exercise):

(moderate exercise/sports 3-5 days):

(hard exercise/sports 6-7 days):

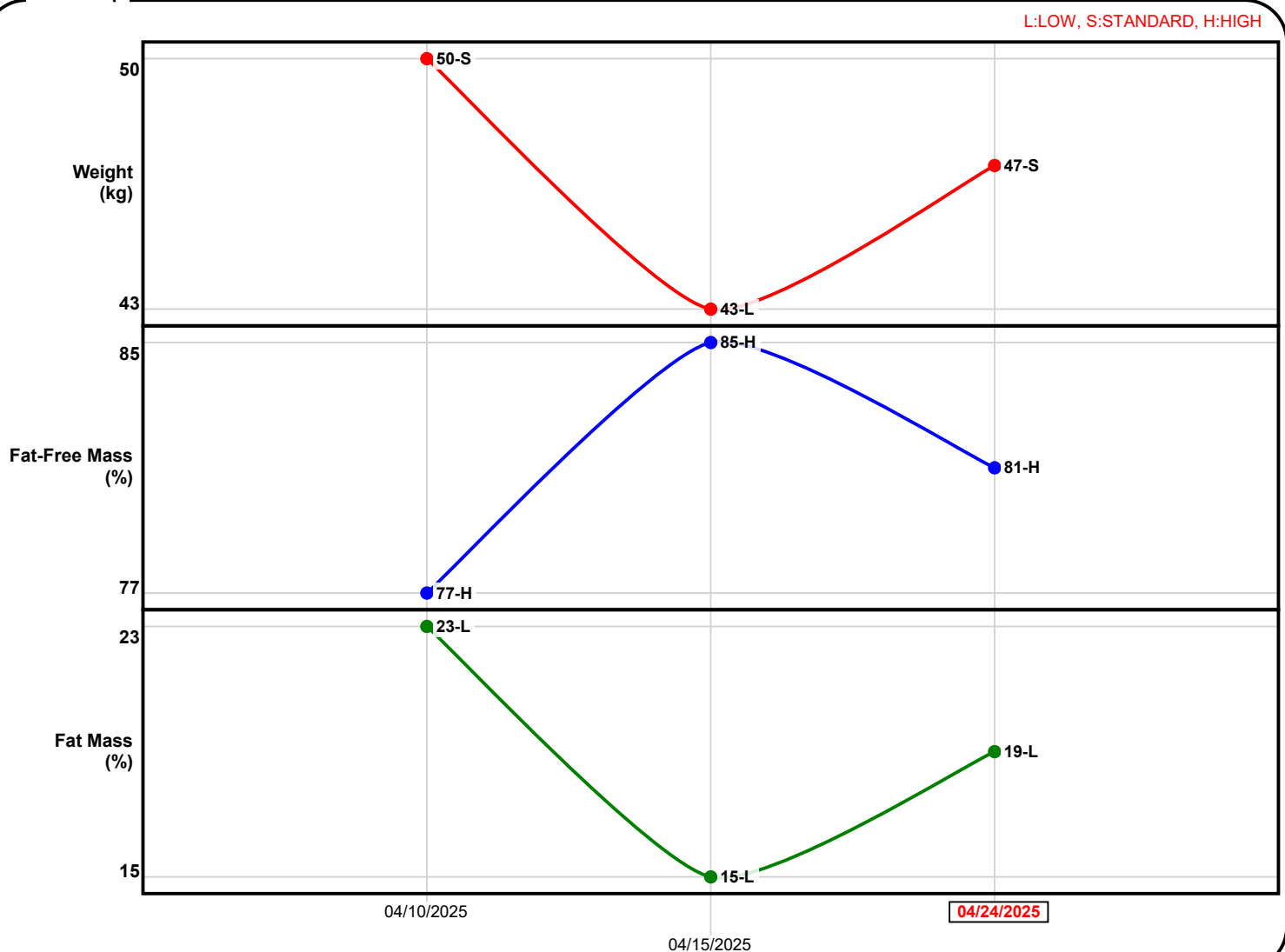
1461.0 kcal/day

1887.1 kcal/day

2100.2 kcal/day



Follow-Up



Notes